



May 4th, 2025
Abigail Corbin
Soul Care, Preparing to Thrive
Identity Comes Through Intimacy
Ephesians 1:1-14

Our identity, (our perception of ourselves and the value we put on ourselves) shapes how we see the world. As Christians, our identity is rooted in being loved by God.

Personal Reflection:

What comes to mind when you consider how you see your own identity?

What you believe about yourself is the foundation of your life, it is your identity, and a faulty foundation will create cracks in the soul.
Dr. Rob Reimer

Key Aspects of Our Identity in Christ:

- Blessed with every spiritual blessing.
- Chosen in Christ.
- Adopted as His children.
- Redeemed through His blood.
- Able to discover God's will.
- Have an inheritance.
- Marked with the Holy Spirit.

Practical Implications of Our Identity

- Chosen: Celebrates others.
- Adopted: Trusts in God's provision.
- Redeemed: Lives unashamed and free.
- Confident:
confident that God will complete his work in us

Being confident of this, that he who began a good work in you will carry it on to completion until the day of Christ Jesus. Philippians 1:6

- Filled with the Holy Spirit:
Live with joy and without worry.

Challenges to Embracing Our Identity

- Lies
- Orphan Mindset:

Jesus continued: "There was a man who had two sons."
Luke 15:11

- Prodigal Son: Shame and works-based mindset.
- Elder Son: Lack of awareness of his inheritance.

Personal Reflection:

Do you relate to the prodigal son who's shame led him to seek to work his way back into the Father's love? Do you relate to the elder son who was faithful in service but unaware of the goodness of his Father and the joy that was his to take hold?

Be transformed by renewing your mind.

Do not conform to the pattern of this world but be transformed by the renewing of your mind. Then you will be able to test and approve what God's will is—his good, pleasing and perfect will.

Romans 12:2

Strategies for Building Identity in Christ:

- Listening to the Spirit: Developing intimacy with God.
- Pursuing Scriptural Truth: Clinging to God's word about our identity.

Listening to the Spirit

- Prayer Approach: Moving from transactional to relational builds intimacy, shapes our identity
- Practical Steps: Asking Jesus personal questions and listening for His response.
- Resources: "Questions for Jesus" by Tony Stoltzfus and "Eyes that See and Ears that Hear: A parent's guide to teaching their children how to hear the voice of God" by Jennifer Toledo

Step into action:

Try it - find a quiet spot and ask Jesus:

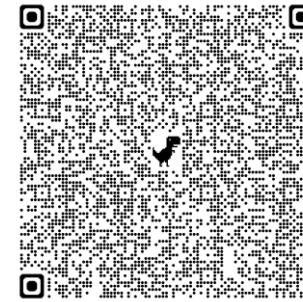
"What do you love about me?"

Pursuing Scriptural Truth:

I have been crucified with Christ and I no longer live, but Christ lives in me. The life I now live in the body, I live by faith in the Son of God, who loved me and gave himself for me.

Galatians 2:20

What other scriptures do you cling to that state the truth of your identity?



Order "Soul Care" by Rob Reimer

Join a Small Group Starting May 8th

Soul Care

Preparing to Thrive



THURSDAYS 10:30 AM or 7 PM
sg@gracechapel.ca



TS2025: We are Family

May 10th | Grace Chapel, Halifax | 9:00 am - 4:30 pm

A day to explore the practical ministry implications of **Church as Family**.

The church was designed to reproduce, mature disciples & flourish in relationship with other churches.

Together, we will reflect, evaluate & consider how best to pursue these ends.

Registration Info: vision-ministries.org/events

A VMC regional event for elders, pastors, and ministry leaders **but open to all**.

If you are interested in attending or helping out at this conference:

ross@gracechapel.ca