



July 13th, 2025
J.B. Robertson
10 Words of Freedom
Free to Rest
Exodus 20:8-11

⁸ “Remember the Sabbath day by keeping it holy. ⁹ Six days you shall labor and do all your work, ¹⁰ but the seventh day is a sabbath to the LORD your God. On it you shall not do any work, neither you, nor your son or daughter, nor your male or female servant, nor your animals, nor any foreigner residing in your towns. ¹¹ For in six days the LORD made the heavens and the earth, the sea, and all that is in them, but he rested on the seventh day. Therefore the LORD blessed the Sabbath day and made it holy.

Exodus 20:8-11

Then he said to them, “The Sabbath was made for man, not man for the Sabbath.

Mark 2:27

I am for you not against you! I love you with an everlasting love. I always have and I always will.

5 Words to Ponder

Rest

Refreshed

Perspective

Dependence

Important





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